Mission Statement: We partner with parents providing a Catholic school rooted in the gospel teachings of Jesus Christ, modeled by Mary our mother, encouraging a virtuous life following the Catholic faith and pursuing academic excellence.

MARIAN MESSENGER

March 28, 2019

Week –At – A - Glance

<table>
<thead>
<tr>
<th>Date</th>
<th>Activities</th>
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| Friday, March 29, 2019   | ❖ 7:30 Band
❖ 8:30 All School Mass; gr. 7
❖ April Salsarita Orders Due |
| Monday, April 1, 2019    | ❖ Morning Prayer; gr. 2
❖ New Family Tour: Hendershot
❖ 3:15 Homework Help
❖ 6:00 Super Builders Presentation/Dinner |
| Tuesday, April 2, 2019   | ❖ No 7:30 Band Class today |
| Wednesday, April 3, 2019 | ❖ 8:30 Primary Mass; gr. 3
❖ Salsarita Day
❖ LUNCH IN THE CLASSROOM |
| Thursday, April 4, 2019  | ❖ 3:15 Children’s Choir, and Homework Help |
| Friday, April 5, 2019    | ❖ PARENT CONTRACTS DUE
❖ 7:30 Band
❖ 8:30 All School Mass; gr. 6
❖ 2:50 Stations of the Cross; gr. 6
❖ First Friday Food Drive
❖ Popcorn Day $.50/bag |
Lunch information

Grades 6-8 Lunch 11:30-12:00
Grades K-5 Lunch 12:05-12:45

Please provide your students with everything they need to eat their lunch; plate, eating utensil, napkin, drink, condiments

Principal Notes

Thank you for helping us to get the many different illnesses out of the building. We have been disinfecting regularly in all of the classrooms. All of us working together seems to be helping.

Monkey Survey: Please fill out the survey below to let us know your thoughts about volunteering. It will take less than five minutes to complete. You will need to cut and paste it into your browser.

https://www.surveymonkey.com/r/BXBK78X

Schoolbelles: Thank you! Schoolbelles is having its' annual Customer Appreciation Sale! Save 20% on pants, 25% off monogram items, 30% off hosiery & socks and 50% off backpacks and lunch bags. Also receive FREE shipping on all orders over $100. This sale runs from Sunday, April 7, 2019 through Monday, April 8, 2019 at 11:59 EST. See flyer attached to email.

Help Needed: We are in desperate need of volunteers for the parish Fish Fry (next three Fridays) and the Country Style Breakfast (4/7). Even if your child is not at an age of "needed" service ministry hours, their help is still needed. If you, your child, or your whole family is interested, please see the details below:

Fish Fry: Set up starts at noon on Friday and goes until cleanup is done (normally around 9) - help is appreciated for any amount of time between 12-9 (no need to sign up)
Breakfast: Setup begins at 7:30am and goes through 11:30am Mass.

Any help you can give during these days/times would be greatly appreciated even if it is just an hour.

Girls’ Basketball: Please wash and return uniforms by Tuesday, April 2nd.
Thank you!
**March 24 School Mass:** The students did an excellent job performing all of the parts of the Mass last Sunday. Because of the many “bugs” going around the school, students had to do parts that they had not practiced but stepped up to help where needed. Also, our readers, Sean and Isabella, had new readings given to them that morning because of an unexpected change due to RCIA dates. I was very proud of all of the students! What a fine example of their love for God! **Our next school Mass** will be at the **5:00 Mass time on Saturday, May 11**th. Our 8th grade class will be taking this on as one of their last leadership roles before they graduate on May 30th. It will be wonderful if their Kindergarten buddies could come and be a part of the processional at the beginning of Mass.

**NWEA Spring Testing:** As you see below, spring testing will begin on Monday, April 15 for grades 2-8. It is very important that your students will be in school on Monday and Tuesday, April 15 and 16, so that we can get all of the testing completed before Easter break.

**Looking Ahead:**

**April 1**st or **15**th 2019-2020 School Registration Due

**April 5**th Parent Contracts for 2019-2020 school year due.

**April 13**th Bunny Run/Walk 9:00

**April 15**th Spring NWEA Testing begins for grades 2-8

**April 16**th Spring Pictures

**April 17**th 11:00 Living Stations of the Cross performed in the gym

**April 17**th half day of school; Easter break begins at 12:00; April 18-28

**May 3**rd Eighth Grade Graduation Pictures taken after Mass

**May 10**th Special school lunch Hotdogs!

**May 11**th 5:00 Saturday night School Mass; 8th graders and kindergarten buddies!

**MAY 17**th 7:30 am Donuts w/Grandparents, Mass, Candle and Ribbon Ceremony, 9:45 Spring Music and Band Concert; 2:00 Living Bible History Museum
Well it seems that Spring has sprung, at least for today! God is good to give us these days during Lent to remind us to hold strong to our Lenten promises! We know that Jesus, our Savior, died to take away our sins and will rise again for us on Easter morning.

Peace, Veronica Kinsey

CLASSROOM NEWS

ART

This year the art classes will be participating in the art fundraiser, Original Works. The money raised from this fundraiser program will be used to purchase various art supplies for art class. The orders forms will be coming home the week of April 8th. The online orders will be due April 17th.

Currently all the art classes are working on Clay projects; Kindergarten-Pinch pots, 1st grade-Mouse, 2nd grade-Snails, 3rd grade-Fish, 4th grade- Dragons, 5th grade-Piggy bank pigs, 6th grade-Monsters, 7th grade-Coil Vessel, 8th grade- Food.

Sincerely, Dawn Hamer Art Teacher

mrshamer@stmarypinckney.org

COMPUTERS

Happy Spring!

I am sure the warmth of the season will be here shortly. The snow days tried hard to keep the students from working on a variety of projects, but they dug their heels in and worked through to the end of the marking period. As we come to finish the school year, the students will continue projects that will explore online safety, coding, research, and creating multimedia projects.
In 8th grade we have begun to discuss their graduation presentation. Please send in photographs (maybe even small video clips) for us to use on this project. The 8th grade students were sent home last week with a “Call for Photographs” letter to explain the project and help remind them (you) to start locating and bringing in photos. I thank you in advance for helping with this endeavor.

Normally I would spend some space to discuss the other wonderful projects the students have worked on or will be working on in the other grades, but I feel that I need to address a growing concern that I have for my students (your children).

As a technology teacher with Shared-Time Services, I have over 200 students between the two schools that I work with each week. I wrestle with the law of averages that one of my students will either be cyberbullied or will be the cyberbully. I work hard to drive home the idea with each of my classes the importance of technology, yet we also discuss how easy it is to use it in an inappropriate manner. Often times, students do not recognize the difference between joking/sarcasm/kidding and going one step too far.

Yesterday, March 27, 2019, a new cyberbullying law was put into place. This law carries stiff penalties to anyone using "a continued pattern of harassing or intimidating behavior." I am a parent of a 5th grader and a 2nd grader. I plan to talk to my kids to help them understand the consequences of such behavior, but also to let them know that they have the law on their side if they are being cyberbullied. I implore and encourage you to do the same. The weight of this new law shows the severity of the need to change the culture of how we (and kids) interact with one another using technology. Thank you for your time.

Please contact me for further information or questions.

Scott Hayes, Technology Educator
mrhayes@stmarypinckney.org

PHYSICAL EDUCATION

As we move into warmer weather and the final quarter of the school year we will begin to add some of our PE classes back outside. Students in grades 5-8
should be prepared with sweatshirts and long athletic pants so that we can take advantage of the sunshine.

I would also like to stress the importance of encouraging kids to get outside and play. This issue is not as important to our students who are playing sports as they are probably surpassing their sixty minutes of needed daily physical activity. However, this concept is of great necessity to our students who are not involved in sports, as they are the ones who fall further behind. There is no wrong way to be physically active; walking, yard work, riding a bike, playing catch, or playing tag, if your heart rate increases you are doing it correctly.

As adults, the amount of daily physically active time needed decreases to just over twenty minutes a day. https://www.heart.org/en/healthy-living/fitness/fitness-basics/aha-recs-for-physical-activity-in-adults

Ideally, this would be time spent in moderate physical activity or time spent with your respiration and heart rate elevated. Yet another simple way to gauge your effort is that you should aim to sweat.

Increasing our health doesn't always have to come from increasing our physical activity. I also encourage our students and parents to put more thought into what we put into our bodies. Though I am no dietician, I have a few tricks that will help any person be healthier, even if you don't feel it right away. Today's marketing of liquid drinks all too often means drinking liquid sugar or potentially worse, liquid chemicals. Cutting out all pops, energy drinks, iced coffees, sweat teas, as well as cutting out all diet drinks, as those often contain a chemical called aspartame or a similar one with a different name. This may seem daunting at first, but stick with it, the cravings will cease and soon drinking a pop will actually taste too sugary to consume.

The second trick comes with sugary snacks that have the words "fat free" on the label. Treats such as licorice and lots of other sugary candy are including this "fat free" label and tricking some people to believing these are ok snacks to eat. Do not be fooled, the foods are high in sugar, and if it seems too good to be true, it most likely is. The calories consumed from sugar are ok if we burn them up with exercise. If they are not burned up with our physical activity than the body will store those calories as fat for future use. Limit these the best you can, they are treats for special occasions they are best kept that way.

In conclusion, get outside and get moving, it is healthy in a variety of ways. Second, it is important to consider all the foods we consume but I encourage
you to put more effort into the two options listed above as they are simple ways to taking big steps towards better health.

Sincerely, Stan Dinkel Physical Education Teacher

mrdinkel@stmarypinckney.org

FYI

Virtue of the Week

HONESTY meaning: Sincerity, openness and truthfulness in one’s words and actions

LOOKS LIKE: Keeping your eyes on your own paper, Telling the truth even when it is hard, Admitting you did something wrong, Going to confession, Sharing something equally

SOUNDS LIKE: I will not cheat by looking at someone else’s paper. This is what really happened... I told the truth. I am sorry. Bless me Father, for I have sinned...I was fair.
*PROVERBS 12:19*

*Truthful lips endure forever, but a lying tongue is but for a moment.*

**Project Healthy Schools Wellness Tip:** Broccoli, strawberries, pineapples, and bell peppers are all great sources of vitamin C. Try grabbing one of these vitamin C packed foods next time you want a snack.

**Carry this thought in your heart as a guide for your faith journey this week.**


These readings reveal a God who is merciful and forgiving. In the reading from the Old Testament God reveals the divine name to Moses and the Jewish people. God tells Moses that this divine title is for all generations. The first reading emphasizes the care and commitment that God has for the chosen people. God is identified as one who is filled with mercy and compassion.

In the Gospel Jesus tells the parable of the fig tree. This story sheds light on the importance of repentance and it informs listeners that God is patient and merciful. In this parable a fig tree is given another chance to bear fruit. This conveys how God patiently waits and longs for the return of those who are loved. In this parable Jesus stresses how important it is for us to return to our true source of nourishment. Jesus calls us to repent and turn back to God. This gospel offers encouragement. We are given another chance to bear goodness.

- Why is it sometimes important to be given a second chance?
- What do these readings say to you about God’s love?
- How can you return God’s love?

*“The Lord is kind and merciful.” – God’s nature revealed.*

The nature of God has been revealed to us through God’s actions in history. God’s actions expose a faithful and loving God. In Jesus we find a God who is merciful and forgiving. Through his teaching and preaching, his life and death, Jesus points to a loving God who is always ready to forgive.

Catholics celebrate the loving kindness of God in the Introductory Rites of Mass. During the Penitential Rite we examine our lives in light of God’s mercy
and love. We are given a chance to start anew and turn back to God who patiently awaits our return.

- Do you think of God as being kind and merciful?
- Is it difficult for you to forgive others when they have hurt you?
- How can you be more willing to forgive?

**The Gospel in Life**

This week write a prayer asking God for forgiveness, then use it for prayer.
St. Mary School
Bunny Run
Family Fun Run/Walk

When: Saturday, April 13 at 9:00 AM

Where: Lakeland Trail – park at the trailhead across from Captain Frosty’s Ice Creamery

What: a non-competitive fun run for St. Mary School families; run 1 or 2 miles; dress for the weather!

Cost: $1 cash per person; money raised will go toward school wellness initiatives

We are a Green School – Bring your own refillable water bottle; snack will be provided
St. Mary School Bunny Run

Yes, I want to do the Bunny Run Family Fun Run!

Meet at the Lakeland Trail at the trailhead across from Captain Frosty’s Ice Creamery

Saturday, April 13, 2019 at 9:00 AM

Run 1 or 2 miles for fun and fitness!

Cost: $1 cash per person

We are a Green School – please bring your refillable water bottle.

Snack will be provided. Dress for the weather!

Family participants:
Name___________________________ (Grade _____)
Name___________________________ (Grade _____)
Name___________________________ (Grade _____)

Adult Name _____________________________
Adult Name _____________________________

If you consent to your child/ren participating in this event, please sign and return this form, with entry fees, by Wednesday, April 10.

Parent/guardian signature: __________________________

Phone number __________________________

Date: __________________________

Parents who are not participating in the Bunny Run must stay and wait for their children to finish. Thanks
MAY Salsarita
ORDER
BELOW DUE WEDNESDAY
APRIL 17, 2019
By 9:00 am
**Wednesday, May 1**
Taco Day with Salad
Soft Ground Beef Taco

**Optional Toppings:**
Lettuce, Cheese, Tomato

**Sides:**
Garden Salad with White Corn
Chips & Mild Salsa
Orange Wedges

Circle Grade & Entrée Size: K 1 2 3 4 5 6 7 8
First & Last Name

$4.00 [Small] $5.50 [Large]

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**Wednesday, May 8**
Grilled Chicken Rice Bowl

**Optional Toppings:**
Mexican Rice, Black Beans, Steamed Corn & Cheese

**Sides:**
Chips & Salsa,
Orange Wedges

Circle Grade & Entrée Size: K 1 2 3 4 5 6 7 8
First & Last Name

$4.00 [Small] $5.50 [Large]

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**Wednesday, May 15**
Taco Day with Salad
Soft Ground Beef Taco

**Optional Toppings:**
Lettuce, Cheese, Tomato

**Sides:**
Garden Salad with White Corn
Chips & Mild Salsa
Orange Wedges

Circle Grade & Entrée Size: K 1 2 3 4 5 6 7 8
First & Last Name

$4.00 [Small] $5.50 [Large]

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**Wednesday, May 22**
Cheesy Chicken Roll-Up
Grilled Chicken & Mexican Rice Rolled in a Tortilla Shell **Optional Toppings:**
Black Beans, Queso, Lettuce & Tomatoes

**Sides:**
Chips & Salsa
Orange Wedges

Circle Grade & Entrée Size: K 1 2 3 4 5 6 7 8
First & Last Name

$4.00 [Small] $5.50 [Large]

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**Wednesday, May 29**
Taco Day with Salad
Soft Ground Beef Taco

**Optional Toppings:**
Lettuce, Cheese, Tomato

**Sides:**
Garden Salad with White Corn
Chips & Mild Salsa
Orange Wedges

Circle Grade & Entrée Size: K 1 2 3 4 5 6 7 8
First & Last Name

$4.00 [Small] $5.50 [Large]
St. Mary Parish
Men’s Club Presents
FRIDAY FISH DINNER
Serving From 4:00-7:00 PM

MENU
• Baked or Beer Battered Fried Fish
• Choice of Potato (French Fries, Scalloped or Baked)
• Beets, Cole Slaw
• Macaroni & Cheese
• Cut Veggies, Jell-O
• Homemade Rolls
• Homemade Desserts
• Milk, Coffee, Tea, Punch

For Our Younger Guests
Individual Size Cheese Pizza

Join us each Friday during Lent
March 8, 15, 22, 29, April 5, 12
Adults $10.00  Seniors $9.00
Children $5.00 (Under Age 12)
Family $35.00 (Immediate Family Only)

Take-outs Available!

WE NOW ACCEPT VISA, MASTERCARD, AND AMERICAN EXPRESS!

St Mary Catholic Parish  10601 Dexter Pinckney Rd  734-878-3161
St. Mary Parish
Men’s Club Presents
COUNTRY STYLE BREAKFAST
Sunday April 7, 2019
From 8:30am to 11:00am
FREE WILL DONATION
Proceeds to be used for New Parish Sign

50/50 Raffle
1ST Prize Half the POT!
Two Chances - 2nd Prize Certificate to
PINCKNEY AUTO WASH

AREA’S BEST MENU!
Eggs - Scrambled or Fried
Hash Brown Potatoes
Homemade Biscuits
Sausage Gravy
Quiche, Pancakes
French Toast
Raisin French Toast
Ham
Pork Sausage Links
Toast-Regular & Raisin
Coffee, Tea, Milk,
& Orange Juice
And of Course the Waffle Station!

St Mary Catholic Parish - 10601 Dexter Pinckney Rd