### **Prayers for Memorization**

(Prayers are compounding)

**Kindergarten:** Sign of the Cross

Our Father Hail Mary

Grace before Meals

**Grade One:** Doxology (Glory Be...)

Prayer to Guardian Angel

The Rosary (an introduction)

**Grade Two:** Grace after Meals

Ten Commandments Act of Contrition

**Morning Offering** 

**Grade Three:** The Apostles' Creed

Joyful Mysteries of the Rosary Luminous Mysteries of the Rosary Sorrowful Mysteries of the Rosary

Glorious Mysteries of the Rosary

**Grade Four:** Acts of Faith, Hope, and Love

The Beatitudes

**Grade Five:** Come, Holy Spirit

Corporal Works of Mercy Spiritual Works of Mercy

**Grade Six:** Memorare

The Angelus

**Grade Seven:** Nicene Creed

Hail, Holy Queen Prayer to St. Michael

**Grade Eight:** Prayer of Saint Francis

Regina Caeli

<sup>\*</sup>This list is in accordance with the Diocese of Lansing Religious Education Curriculum.

## Kindergarten

## 1. Sign of the Cross

In the name of the ...
Father (right hand at head),
Son (right hand middle of stomach),
Holy (right hand left shoulder),
Spirit (right hand right shoulder)

#### 2. Our Father

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### 3. Hail Mary

Hail Mary full of Grace, the Lord is with thee. Blessed are thou among women and blessed is the fruit of thy womb Jesus. Holy Mary Mother of God, pray for us sinners now and at the hour of our death Amen.

#### **4.Grace before Meals**

Bless us, O Lord and these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord. Amen.

#### Grade One

## 1. Doxology (Glory Be...)

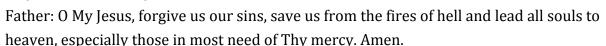
Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

## 2. Prayer to Guardian Angel

Angel of God, my guardian dear, to whom God's love commits me here, ever this day, be at my side to light and guard, to rule and guide. Amen.

## 3. The Rosary (an introduction)

- 1. On the crucifix, make the sign of the cross and then pray the Apostles' Creed.
- 2. On the next *large* bead, say the Our Father.
- 3. On the following three small beads, pray three Hail Marys.
- 4. On the chain, pray the Glory Be.
- 5. On the large bead, meditate on the first mystery and pray the Our Father.
- 6. Skip the centerpiece medallion, and on the ten beads after that, pray a Hail Mary on each bead; on the chain, pray a Glory Be. Many Catholics add the *Fatima Prayer* after the Glory Be and before the next Our



- 7. Repeat Steps 5 and 6 four more times to finish the next four decades.
- 8. At the end of your Rosary, say the Hail Holy Queen.



#### **Grade Two**

#### 1. Grace after Meals

We give You thanks, Almighty God, for all Your blessings who live and reign forever and ever. Amen.

#### 2. Ten Commandments

- 1. I am the LORD your God. You shall worship the Lord your God and Him only shall you serve.
- 2. You shall not take the name of the Lord your God in vain.
- 3. Remember to keep holy the Sabbath day.
- 4. Honor your father and your mother.
- 5. You shall not kill.
- 6. You shall not commit adultery.
- 7. You shall not steal.
- 8. You shall not bear false witness against your neighbor.
- 9. You shall not covet your neighbor's wife.
- 10. You shall not covet your neighbor's goods.

#### 3. Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you, whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.

### 4. Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys, and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass, throughout the world, in reparations for my sins, for the intentions of all my relatives and friends, and in particular for the intentions of the Holy Father. Amen.

#### **Grade Three**

### 1. The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord: Who was conceived by the Holy Spirit, born of the Virgin Mary; suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He rose again from the dead; He ascended into heaven, is seated at the right hand of God the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### 2. Joyful Mysteries of the Rosary

- 1. The Annunciation: "And when the angel had come to her, He said, "Hail, full of grace, the Lord is with thee. Blessed Art thou among women." -Luke 1:28
- 2. The Visitation: "Elizabeth was filled with the Holy Spirit and cried Out in a loud voice: "Blest are you among women And blest is the fruit of your womb." -Luke 1:41-42
- 3. The Nativity: "She gave birth to her first-born son and wrapped him in Swaddling clothes and laid him in a manger, because there Was no room for them in the place where travelers lodged." -Luke 2:7
- 4. The Presentation: "When the day came to purity them according to the law Of Moses, the couple brought him up to Jerusalem so that He could be presented to the Lord "Every first-born male shall Be consecrated to the Lord." -Luke 2:22-23
- 5. The Finding of Jesus: "On the day they came upon him in the temple Sitting in the midst of the teachers, listening to them and Asking them questions." -Luke 2:46

## 3. Luminous Mysteries of the Rosary

- 1. Baptism of Jesus: "And when Jesus was baptized...The heavens were opened And He saw that Spirit of God descending like a dove, and alighting on Him, And lo, a voice from the heaven, saying, "this is My beloved son, With whom I am well pleased."

  -Matthew 3:16-17
- 2. Wedding at Cana: "His mother said to the servants, "Do whatever He tells you." Jesus said to them, "fill the jars with water." And they filled them up to the brim." -John 2:5-7
- 3. Proclamation of the Kingdom of God: "...and preach as you go, saying, 'The kingdom of heaven is at hand.' Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without pay, give without pay." -Matthew 10:7-8
- 4. The Transfiguration: "And he was praying, the appearance of his raiment became Dazzling white. And a voice came out of the cloud saying, "This is My Son, My chosen; listen to him!" -Luke 9:29, 35
- 5. The Last Supper: "He took bread, and when He had given thanks He broke it and gave it to them, saying, "This is My body which is given for you" and likewise the cup after

supper, saying, "This cup which is poured out for you is the new covenant in My blood." -Luke 22:19-20

### 4. Sorrowful Mysteries of the Rosary

- 1. The Agony in the Garden: "And there appeared to him an angel from heaven, strengthening him. And being in an agony, he prayed the longer. And his sweat became as drops of blood, trickling down upon the ground." -Luke 22:43-44
- 2. The Scourging at the Pillar: "And so Pilate being willing to satisfy the people, released to them Barabbas, and delivered up Jesus, when he had scourged him, to be crucified."

  -Mark 15:15
- 3. The Crowning with Thorns: "And stripping him, they put a scarlet cloak about him. And plaiting a crown of thorns, they put it upon his head, and a reed in his right hand..." -Matthew 27:28-29
- 4. The Carrying of the Cross: "And bearing his own cross, he went forth to that place which is called Calvary, but in Hebrew Golgotha." John 19:17
- 5. The Crucifixion: "Jesus knowing that all things were now accomplished, that the scripture might be fulfilled, said: I thirst. Jesus therefore, when he had taken the vinegar, said: It is consummated. And bowing his head, he gave up the ghost." -John 19:28,30

## **5. Glorious Mysteries of the Rosary**

- 1. The Resurrection: "You need not be amazed! You are looking for Jesus of Nazareth, the one who was crucified. He has been raised up; he is not here. See the place where they laid him." -Mark 16:6
- 2. The Ascension of Our Lord: "Then, after speaking to them, the Lord Jesus was taken up into Heaven and took his seat at God's right hand." -Mark 16:19
- 3. The Descent of the Holy Spirit: "All were filled with the Holy Spirit. They began to express themselves in foreign tongues and make bold proclamation as the Spirit prompted them." -Acts 2:4
- 4. The Assumption of Our Lady into Heaven: "A great sign appeared in the sky, a woman clothed with the sun, With the moon under her feet, and on her head a crown of twelve stars." -Revelations 12:1
- 5. The Coronation of the Blessed Virgin Mary: "All generations will call you blessed, for the Almighty has done great things for me... Be faithful unto death, and I will give you the crown of life." Luke 1:48-49; Rev. 2:10

#### **Grade Four**

#### 1. Act of Faith

O my God, I firmly believe that You are one God in three divine persons: Father, Son, and Holy Spirit. I believe that Your divine Son became man and died for our sins and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You have revealed them, who can neither deceive nor be deceived.

### 2. Act of Hope

O my God, relying on Your almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, with the help of Your grace and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

#### 3. Act of Love

O my God, I love You above all things, with my whole heart and soul because You are all-good and worthy of all love. I love my neighbor as myself for the love of You. I forgive all who have injured me and ask pardon of all whom I have injured.

#### 4. The Beatitudes

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are they who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are they who hunger and thirst for righteousness, for they shall be satisfied.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure of heart, for they shall see God.

Blessed are the peacemakers, for they shall be called children of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven."

- St. Matthew 5:3-10

#### **Grade Five**

### 1. Come, Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth. O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen.

## 2. Corporal Works of Mercy

"Whatever you do to the least, you do to me." - Matthew 25: 35-46

- 1. Feed the hungry
- 2. Give drink to the thirsty
- 3. Clothe the naked
- 4. Shelter the homeless
- 5. Visit the sick
- 6. Visit the imprisoned
- 7. Bury the dead

### 3. Spiritual Works of Mercy

Based on Christ's teacher and Christian practice since the time of the apostles.

- 1. Counsel the doubtful
- 2. Instruct the ignorant
- 3. Admonish the sinner
- 4. Comfort the sorrowful
- 5. Forgive injuries
- 6. Bear wrongs patiently
- 7. Pray for the living and the dead

#### Grade Six

#### 1. Memorare

Remember, O most gracious Virgin Mary, never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by the confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

## 2. The Angelus

V. The Angel of the Lord declared unto Mary,

R. And she conceived of the Holy Spirit.

Hail Mary, ...

V. Behold the handmaid of the Lord.

R. Be it done unto me according to Your Word.

Hail Mary, ...

V. And the Word was made flesh,

R. And dwelt among us.

Hail Mary, ...

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech You, O Lord, Your Grace into our hearts; that as we have known the incarnation of Christ, your Son by the message of an angel, so by His passion and cross we may be brought to the glory of His Resurrection. Through the same Christ, our Lord.

Amen.

### **Grade Seven**

#### 1. Nicene Creed

I believe in one God, the Father, the Almighty, maker of heaven and Earth, of all things visible and invisible.

I believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, consubstantial of one Being with the Father.

Through him all things were made.

For us men and for our salvation, he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshipped and glorified.

He has spoken through the Prophets.

I believe in one holy catholic and apostolic Church.
I acknowledge one baptism for the forgiveness of sins.
I look for the resurrection of the dead,
and the life of the world to come. Amen.

### 2. Hail, Holy Queen

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O merciful, O loving, O sweet Virgin Mary! Amen.

# 3. Prayer to St. Michael

St. Michael the Archangel,
defend us in battle.
Be our defense against the wickedness and snares of the Devil.
May God rebuke him, we humbly pray,
and do thou,
O Prince of the heavenly hosts,
by the power of God,
thrust into hell Satan,
and all the evil spirits,
who prowl about the world
seeking the ruin of souls. Amen.

## **Grade Eight**

## 1. Prayer of Saint Francis

Lord, make me an instrument of your peace: where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O divine Master, grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love.

For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen.

## 2. Regina Caeli

Queen of Heaven, rejoice, alleluia. The Son whom you merited to bear, alleluia, has risen as He said, alleluia.

Rejoice and be glad, O Virgin Mary, alleluia! For the Lord has truly risen, alleluia. Amen.